

Mothers Day 5 a Side Rules

The FIFA rules of the game shall apply with the exception of the following:

Law 1: Field of Play

Law 3: Number of Players

Law 7: Duration of Game

Law 9: Ball in and out of play

Law 10: Method of scoring

Law 11: Offside

Law 12: Fouls and misconduct

Law 15: Throw in

FIELD OF PLAY:

The field shall be 35yards long x 25yards wide

Goal area - the goal area will be a semi circle 7yards in diameter

Penalty Spot - a penalty spot shall be placed 6m from the centre of each goal

Goals - the goals shall be 16 feet long x 4 feet high

NUMBER OF PLAYERS

- (a) The match shall be played by 2 teams consisting of not more than 5 players , one of whom shall be a goalkeeper
- (b) Substitutes are permitted throughout the match at any dead ball situation by either team
- (c) A match will be forfeited (3-0 loss) if one team fails to field less than 3 players

DURATION OF THE GAME

Duration of the game shall be two 10 minute periods.

Quarters, semi and finals will go straight to penalty kicks

BALL IN AND OUT OF PLAY

The ball shall be in play unless

- (a) The whole of the ball crosses the goal line or touch line
- (b) The game has been stopped by the referee

GOAL KICKS - may be taken from any point within the goal area providing the ball is stationary.

BALL ABOVE HEAD HEIGHT - (varying according to age) will result in an indirect free kick from the position of the kicking player or off the player it last touches. NOTE A goalkeeper will not be penalized for making a save and the ball rebounding above head height

METHOD OF SCORING

Method of scoring shall be in accordance with the laws of the game except:

Goal area - only the defending goalkeeper is allowed in the goal area.

Penalty for infringement.

- (i) By the defence - A penalty kick
- (ii) By the offense - A free kick from the point of entry into the area

OFFSIDE

There is NO offside

FREE KICKS

All free kicks are INDIRECT and opposing players must be at least 2 yards from the ball for free kicks against them

PENALTY KICKS

The player taking the kick shall have no more than a 1 yard run up.

PLAY IN THE GOAL AREA

Play in the goal area is stated above with the exception of the goalkeeper, who must not leave his area to interfere with play in any way. Penalty for infringement - a free kick.

NOTE an an attacking player who's momentum (or pushed) takes him into the area AFTER playing the ball outside of the area shall not be punished with a free kick

SERIOUS FOUL PLAY

Should any player deliberately prevent a goal scoring chance (e.g. a player clean through on goal with just the goalkeeper to beat) by taking their legs away or blatantly holding the player back shall be sent off. This also applies to goalkeepers tripping an opponent or deliberately handling the ball outside of the area.

3 yellow cards by the same player in the tournament = miss next game

Red card = miss next game

2 red cards = expulsion from the tournament

THROW IN

Shall be replaced by a KICK in from the touch line

TO PREVENT UNSPORTSMANLIKE PLAY

A player receiving the ball from his goalkeeper by whatever means cannot pass the ball directly back to his goalkeeper. It must be played by another player. Failure to observe this will result in an INDIRECT free kick to the opposition from where the ball was played